

## Exceptional Incapacity Allowance

Some disabilities have a major financial impact on your life. The Exceptional Incapacity Allowance recognizes this extra cost with a tax-free monthly payment.

About this program

The Exceptional Incapacity Allowance is a tax-free monthly payment that recognizes that your serious illness or injury has a significant effect on your quality of life.

Veterans who receive this allowance usually experience one or more of the following to an exceptional degree or scope:

- dependence,
- continuing pain and discomfort,
- loss of enjoyment of life,
- shortened lifespan.

The amount of your allowance will be based on a grade that reflects the nature of your disability.

Do you qualify?

You should apply for the Exceptional Incapacity Allowance if you:

- have a disability pension of 98 percent or more; or
- have a combination of a disability pension and award that totals 98 percent or more; or
- have a combination of a disability pension and Prisoner of War Compensation that totals 98 percent or more; and
- have an exceptional incapacity that is related to the condition or conditions for which you receive a disability benefit.

How to apply

Before you apply

In most cases, you do not need to submit an application for this allowance. Your Case Manager will apply for you based on the medical questionnaire you submitted as part of your Disability Benefits application.

If you believe that you, or someone you know, is eligible for this allowance you can contact us or your Case Manager. You can also apply online, or by mail or in

person.

Apply online

If you are registered for My VAC Account, you can submit your application for this benefit online. If you aren't registered, you can [register now](#).

Mail or in person

Download the application form. Then, drop it off at a [VAC office](#). You can also mail your completed application directly to the address listed on the form.

Get help with your application

The staff at any [VAC office](#) can assist you, or call us at 1-866-522-2122.

Additional information

Find out more

If you know your grade, the [Exceptional Incapacity Allowance table](#) shows the allowance amount by grade.

For more details about grades see the [Table of Disabilities](#).

Related programs

[Disability benefits](#): Compensation to recognize that your injury or illness is a result of your military service.

[Clothing Allowance](#): A monthly benefit when your disability causes wear and tear on your clothing or the need for custom-made clothing.

[Attendance Allowance](#): Monthly payments if your health needs require personal care support.

Frequently asked questions

If I apply for the benefit and get declined, can I appeal?

Yes. If you are not satisfied with a decision you may apply in writing for a review. Learn more about your [review and appeal options](#).

Will the allowance be payable to surviving spouses and children?

Yes. If the Veteran was receiving the allowance at the time of their death, eligible survivors can receive the allowance for a period of one year.

Are there policies for this program?

Yes. Read more about the [Exceptional Incapacity Allowance policies](#).

[Canadian Military & Veteran Discount Guide: The Ultimate List](#)

Link to subject [http://unttd.org/wp-content/uploads/Canadian-Military-Veteran-Discounts-1\\_2018\\_06\\_26.pdf](http://unttd.org/wp-content/uploads/Canadian-Military-Veteran-Discounts-1_2018_06_26.pdf)

## Ottawa ditches longer deadlines for answering veterans' requests for service and related stories.

<https://www.cbc.ca/news/politics/ottawa-backs-off-longer-wait-times-1.5117621>

Air force captain to run against Bill Blair after frustrating turn with Forces disability system

<https://www.cbc.ca/news/politics/kimberly-fawcett-bill-blair-air-force-disability-compensation-1.5117176>

## An Email sent to our NVOC National President Mr Randy Stowell

From: [Brad White](#)

Sent: Thursday, April 18, 2019 9:53 AM

To: [Randy Stowell](#) ; [Gord Jenkins](#)

Subject: Thank you!

Randy and all NATO Veterans members,

Let me thank you for your support of the Legion and our Veterans. We have been able to form a bond of mutual respect and advocacy throughout the years and for years to come.

Our voices mean something.

Thanks, and all the best to you and your members. Gord, many thanks for your friendship and advice. You have kept me honest and grounded.

All the best,

Brad B.K. (Brad) White, CD

National Executive Director/Directeur exécutif national

The Royal Canadian Legion – National Headquarters

Le siège de La Légion royale canadienne

86 Aird Place, Ottawa, K2L 0A1

## Extracted from "Esprit de Corps" and the Les Peate column [May edition]:

ODDS & SODS I HAVE RECEIVED two recent news bulletins from NVOC. They were very informative. One, in particular, interested me. It dealt with a number of VAC programmes benefiting veterans who, due to disability, need assistance in their everyday living. The Veterans Independence Programme I know, but there are others (such as the Caregiver Recognition Benefit) which were new to me.

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## Conversation with Sapper Col Chris Ayotte, RMC Director of Cadets

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eVeritas

This past week, I had the pleasure to sit down and have a one-on-one conversation with the Royal Military College of Canada's outgoing Director of Cadets (DCdts), 20478 Colonel Chris Ayotte. Following a short talk, we jumped right into the interview. To start, I was curious to see what his proudest moments as the DCdts were. He explained that the job he's held for the last two years has allowed him to see a wide range of amazing accomplishments and the development of well-rounded and proud Canadians. [READ MORE](#)

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## Canadian veterans suing government over anti-malarial drug's adverse effects

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CTV News

Eight former Canadian soldiers are suing the government of Canada, claiming they were poisoned by a military-issued anti-malarial drug while on missions in Somalia, Rwanda and Afghanistan. Seeking more than \$10 million each, the veterans say their lives have been destroyed by the drug Mefloquine. Lawyer Paul Miller is representing the former soldiers and says his clients were forced to take the drug and are still living with the side effects, including psychosis, rage, paranoia, insomnia and tinnitus. [READ MORE](#)

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## Warrior Games 2019 : un tremplin vers le mieux-être

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Journal Adsum

Les Warrior Games se tiendront du 21 au 31 juin, à Tampa Bay, en Floride. Le capitaine (ret) Daniel Germain et le caporal-chef (ret) Stéphane Jobin, membres du programme Sans limites, représenteront le Canada à cette compétition internationale. [LIRE PLUS](#)

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## Troops from Waterloo Region join flood relief effort in Ottawa

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Waterloo Region Record

Troops from Waterloo Region are assisting with flood relief efforts in Ottawa. The 31 Combat Engineer Regiment based in Waterloo and St. Thomas recently sent 38 reservists to Ottawa, where a state of emergency was declared by the city. "We're there to support whatever the main authorities want us to do," said Lt.-Col. Blair Ashford, the regiment's commanding officer. "In particular, we're there to fill sandbags and we're there to evacuate people and do wellness checks." [READ MORE](#)

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## Waterloo-based combat engineers help with Ottawa flooding

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Kitchener Today

The 31st Combat Engineer Regiment has been deployed to Ottawa to help with flood relief efforts. Combat Engineers are trained to complete construction and demolition projects while in combat but over the next few weeks they will be working domestically. Warrant Officer Tim Nightingale says that they have been doing construction projects, filling and placing sandbags and other projects to help protect residents homes. [READ MORE](#)

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## How the son of 6 Fd Coy vet helped a Vancouver block keep its historical roots

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CBC News

John Davis was a young man in his 20s when his family bought an old house in the 100 block of West

10th Avenue in Vancouver's Mount Pleasant neighbourhood. The year was 1973, and the house was already 80 years old. "It had a gorgeous spiral wooden staircase, and we were hooked," said Davis, now 71. At the time, his father, also named John, and his mother Nita "Pat" Davis were living on the city's west side, and it took the family a couple years to finish restoring the house before they could all move in. [READ MORE](#)

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## [Opération LENTUS: les effectifs montent à plus de 2200 soldats déployés](#)

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45e Nord

Le cap des 10 000 personnes évacuées a été franchi au Québec seulement. En certains endroits les inondations de 2019 sont plus fortes que celles de 2017. Il n'y a pas à dire, 2019 sera certainement l'une des plus difficiles pour nombre d'Ontariens, de Québécois et de Néo-Brunswickois. [LIRE PLUS](#)

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## [Canada renews military commitment to Multinational Force and Observers in the Sinai](#)

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Cape Breton Post

The Canadian government has renewed Operation CALUMET, the Canadian military's contribution to the Multinational Force and Observers in the Sinai Peninsula. The Canadian contribution will continue until March 31, 2022 under the renewal. Operation CALUMET involved Canadian Forces personnel providing various staff and specialty functions within the MFO based in El Gorah, Egypt. The mission of the Multinational Force and Observers (MFO) is to supervise the implementation of the provisions of the Egyptian-Israeli Treaty of Peace, signed forty years ago. Canada has contributed to the MFO since 1985. [READ MORE](#)

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## [Coastal site presents numerous challenges for UXO clean up](#)

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DCC at Work

Extracting a 1950s-era rocket from a tree is just one challenge crews faced as they scanned parts of an 11.5-hectare DND site for unexploded explosive ordnance (UXO) and other debris to prepare it for potential divestiture. Originally used for coastal defence during the Second World War, the Mary Hill property on the western tip of Vancouver Island has also been a rocket firing range and training area. [READ MORE](#)

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## [Le projet humanitaire de Stéphanie Dussault](#)

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Journal Adsum

Stéphanie Dussault est chargée de projets pour Construction et Défense Canada, à la Base Valcartier. Depuis 2012, cette architecte de formation collabore à la construction de maisons pour des personnes vulnérables vivant dans le village de Triunfo de la Cruz, au Honduras. [LIRE PLUS](#)

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## [KSRelief clears 2,321 mines planted by Iranian-backed Houthis](#)

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Arab News

The King Salman Humanitarian Aid and Relief Center (KSRelief) has stepped up a number of initiatives in Yemen and Sudan ahead of the holy month of Ramadan, removing mines and providing aid packages to displaced and impoverished families. [READ MORE](#)